

Peanut & Tree nut free lunch ideas:

Please check all labels. We request that items “processed in a plant that processes nuts” are not sent in lunches. We check all labels and remove any items listed above. We have items here and will replace an item if we need to sent something home.

Main course:

- Bagel with cream cheese or jelly
- Chicken nuggets
- Cream cheese + jelly sandwich
- Hard boiled eggs
- Pizza
- Lunch meat + cheese + crackers (like a home made lunchable)
- Lunch meat sandwiches
- Quesadilla
- Grilled cheese sandwich
- Pizza
- Soup/mac-n-cheese/spaghetti-os in a thermos
- Hot dogs
- Sun butter or soy butter sandwich
- Yogurt
- Gogurt
- String cheese

We are not able to heat food for students. However, if you use a thermos, the food is usually warm at lunchtime. Place hot boiling water in thermos for 5 minutes. Heat up food to boiling. Dump water out of thermos and put hot food into thermos.

If you make something homemade, please write on the baggie that it's homemade and doesn't contain any nuts/tree nuts/peanuts.

If you send sun butter or soy butter, please label the baggie as such.

If you need more ideas, please let us know!